

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Sunday 29 Jan 2023 until 23:59 on Monday 30 Jan 2023

Forecast Issued on Sunday 29 Jan 2023 at 02:52 by Met Office Aberdeen

Confidence: High confidence until Tuesday when there is less certainty on the track and timing of a low pressure system.

Headline for Sunday 29 Jan 2023: Cloudy and very windy with outbreaks of rain. Drier for a time then snow showers later.

Mountain weather hazards on Sunday 29 Jan 2023

Blizzards

Low Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

Medium Likelihood

Gales

High Likelihood

Severe chill effect

High Likelihood

Poor visibility

High Likelihood

Thunderstorms

No Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Fog	Fog	Heavy Rain	Sleet	Light snow showers (night)	Heavy snow showers (night)
Precipitation probability					
70%	70%	70%	50%	50%	60%

Forecast for Sunday 29 Jan 2023

Weather: Cloud and occasional rain or drizzle during the morning, turning heavy by early afternoon with summit snow, then clearing around mid-afternoon. Bright with sunny spells for a time before scattered blustery showers push in from the northwest into the evening, falling as snow above around 600m. Strong winds throughout.

Chance of cloud-free hill tops above 800m: Very low until mid-afternoon, becoming good for a time but chances decreasing significantly in showers into the evening.

Low Cloud and visibility: Extensive low cloud and fog above 400 or 500m persisting until mid to late afternoon when it lifts and breaks, then scattered low cloud in association with showers. Poor visibility but good outside of showers during the afternoon/evening.

Forecast for Sunday 29 Jan 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	43/52 SW	54/65 SW	57/71 SW	47/60 W	47/61 W	49/64 W	52/69 W
900	32/40 SW	33/44 SW	36/49 SW	33/45 W	34/47 W	34/47 W	37/53 W
600	40/49 SW	44/54 SW	44/58 SW	36/48 W	35/46 W	34/47 W	38/53 W
300	18/24 S	25/36 SW	24/36 SW	20/32 W	23/34 W	21/33 W	23/37 W
Glen	12/23 SW	18/34 SW	19/39 SW	15/33 W	18/37 W	14/32 W	17/39 W

Height (m)	Temperature / Feels Like (°C)						
1300	0/-9	1/-8	2/-7	-2/-11	-4/-16	-5/-17	-5/-16
900	1/-7	2/-5	3/-4	1/-7	-2/-10	-2/-11	-2/-11
600	4/-4	5/-2	6/-1	4/-4	1/-7	0/-8	1/-7
300	5/0	6/1	7/3	6/1	3/-3	3/-2	3/-2
Glen	6/3	8/4	9/6	8/4	6/1	5/1	5/1
Freezing Level*	1300m	1500m	1700m	1000m	600m	500m	600m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Strong winds leading to difficult walking conditions, especially during the morning with mobility extremely difficult on the tops, also giving a very cold feel.

Forecast for Monday 30 Jan 2023

Weather: Showers, of snow above 600m, and strong winds easing early Monday morning to leave fine conditions for the majority of the day. Low cloud and outbreaks of rain, sleet at first, arriving from the west late afternoon.

Maximum wind: Westerly 30-40 mph gusting 50-60 mph at first, reducing to 10-15 mph gusting 20-25 mph by mid-morning. Increasing again into the evening to southwesterly 20 gust 35-40 mph.

Chance of cloud-free hill tops above 800m: 80%, decreasing through the afternoon to 10% into the evening.

Low Cloud and visibility: Scattered low cloud with good breaks, but becoming extensive by evening. Visibility good outside of precipitation.

Temperature: Glens: Plus 4 rising to plus 7 Celsius.

At 800m: Minus 2 rising to plus 2 Celsius.

Freezing level: 600-800m, increasing to 1500m on the rain band.